

House On The Rock Life Group Study outline 2026

November: The Blessing – Rooted in His Promise

Outlines for the month

Week 1: The Blessing activated✓

Week 2: The Blessing obscured

Week 3: The Blessing unveiled

Instructions

During this study, we will be doing a 'deep dive' into a scriptural passage. It is strongly encouraged that you study the passage and entire chapter ahead of the study. Also be prepared with your research tools, for example Google or your study Bible, as you will need to reference it during the study. Spend time answering and discussing each question with the intention to gain sufficient understanding to help your own private Bible study as you further explore these topics.

Study chapters: Jeremiah 1-10,17

The reading follows the themes of God's call, His people's misplaced trust, and the heart of true blessing.

Give particular attention to:

- **Jeremiah 1:4–10 — Called and appointed by God.**
- **Jeremiah 2:1–13 — Forsaking the fountain of living waters.**
- **Jeremiah 4:1–4 — The call to return to God with a transformed heart.**
- **Jeremiah 7:1–11 — The danger of trusting in outward religious appearances.**
- **Jeremiah 9:23–24 — The true grounds for boasting: knowing the Lord.**
- **Jeremiah 10:1–16 — The living God contrasted with powerless idols.**
- **Jeremiah 17:5–10 — The contrast between misplaced confidence and a life rooted in God.**

Pilot text

Jer 17:7-8

"Blessed is the man who trusts in the Lord,

And whose hope is the Lord.

8 For he shall be like a tree planted by the waters,

Which spreads out its roots by the river,

And will not fear when heat comes;

But its leaf will be green,

And will not be anxious in the year of drought,

Nor will cease from yielding fruit.

Introduction:

What does it really mean to be blessed? Is it simply a life in which everything goes according to plan, doors always open, resources never run short, and trouble stays far away?

As we begin our final study of the year, Jeremiah invites us to look beyond the surface and rediscover the source of every true blessing. Through this prophet, God confronts His people with an uncomfortable truth: it is possible to possess religious traditions, outward security, and the appearance of success while the heart has drifted far from Him. Judah had the temple, its ceremonies, and its history with God, yet many had exchanged the fountain of living water for broken cisterns that could not satisfy.

This is where our study begins. The blessing is first and foremost spiritual: to know the living God, to be reconciled to Him, to have our hearts renewed, and to live in the security of His covenant love. Material provision and favourable circumstances may be gifts from God, but they are not the foundation of our relationship with Him. We can have many things and still be spiritually empty; we can face difficult seasons and still be deeply rooted in God.

As we explore Jeremiah, let us come with expectant hearts. God is not simply inviting us to count our blessings; He is calling us to examine their source, deepen our relationship with Him, and discover the riches of a life rooted in His presence. This is the blessing that sustains us now and carries an eternal promise.

Discussion questions

1. **Where do we see Christ?** Jeremiah 9:23–24 establishes that the greatest privilege is knowing God, rather than boasting in wisdom, strength, or riches. This desire for relationship with God finds its fulfilment in Jesus Christ, who makes the Father known and gives eternal life to those who know Him (John 17:3). The blessing is therefore not simply what God provides, but the relationship with Him that becomes possible through Christ.

Further reading: John 17:3; John 15:4–5; 1 Corinthians 1:30.

2. **Where do we see salvation foreshadowed?** Jeremiah 2:13 describes God's people abandoning the fountain of living water and making broken cisterns that cannot hold water. This illustrates humanity's tendency to turn from God and seek life, identity, and satisfaction in things that cannot meet our deepest spiritual need. Jesus presents Himself as the giver of living water (John 4:10–14), while Ephesians 1:3–7 reveals the spiritual blessings secured through Him, including redemption and forgiveness.

Further reading: John 4:10–14; Ephesians 1:3–7; Ephesians 2:8–10.

3. **Where do we see ourselves in this story?** Jeremiah 17:7–8 describes the person who trusts in the Lord as a tree planted beside water, remaining fruitful even when heat and drought come. As believers, we are called to remain rooted in Christ, allowing His Word, His Spirit, and His presence to shape our decisions, responses, and priorities. This is what it means to live from the blessing rather than depend on favourable circumstances to feel blessed.

Further reading: Proverbs 3:5–8; Matthew 6:31–33; Colossians 2:6–7.

Closing Thoughts

Jeremiah brings us to a searching but liberating conclusion: the foundation of a blessed life is not the abundance of our possessions, the strength of our reputation, or the smoothness of our circumstances. It is our relationship with the living God.

Judah's tragedy was to abandon the fountain of living water and trusted in substitutes that could never sustain them. Their outward privileges could not replace inward faithfulness. Jeremiah 9:23–24 therefore directs our attention away from human achievements and towards knowing the Lord, whose character is marked by steadfast love, justice, and righteousness.

This truth finds its fullest expression in Jesus Christ. In Him we receive redemption and forgiveness (Ephesians 1:7), and by grace through faith we are brought into a new relationship with God (Ephesians 2:8–9). This changes how we understand Jeremiah's picture of the tree planted by the waters. The life of the person who trusts in the Lord draws its sustaining strength from a source deeper than the surrounding conditions. Jesus makes this dependence unmistakable: apart from Him, we can do nothing; as we abide in Him, we bear fruit (John 15:4–5).

This is the spiritual blessing at the heart of our study: to know Christ, to belong to God, to receive His grace, to be transformed by His Spirit, and to remain fruitful through every season. It does not make material provision unimportant, nor does it require us to pretend that hardship is painless. It places every gift in its proper position and refuses to make circumstances our god.

As we approach the end of the year, while we ask “What have I received?”; let us also ask, “Who am I becoming in Christ? How deeply am I rooted in Him? What is shaping my heart?”

Here is an invitation for you:

Let this be a moment of renewed trust. Lay down every false source of security, return to the fountain of living water, and make Christ the centre of your confidence. The deepest blessing is already being offered through Him: life with God that circumstances cannot manufacture or

destroy. Let us finish this year rooted in Christ, grateful for His grace, and expectant for all He desires to form within us.

Application questions (use scriptures to support your position):

1. A brother has worked hard, secured a promotion, and achieved the financial stability he once prayed for. Yet his relationship with God has become an afterthought, and his sense of worth rises and falls with his professional performance. How could Jeremiah 9:23–24 and John 15:4–5 help him redefine success and rebuild a life rooted in Christ?
2. A sister has been praying for a breakthrough in her family's finances, but the pressure continues. She begins to wonder whether God is blessing other people while overlooking her, and her prayers increasingly focus on getting life back to normal. How could Jeremiah 17:7–8 help Michelle distinguish the spiritual blessing of trusting God from the expectation that blessing must mean immediate relief?
3. A church member faithfully attends and serves at church every week, but resentment, dishonesty, and unresolved conflict are affecting relationships at home. The outward appearance of faith remains strong, yet there is little willingness to confront what needs to change. How do Jeremiah 7:1–11, John 3:3–6, and Ephesians 2:8–10 illuminate the difference between outward religion and a life being renewed by God's grace?