

## House On The Rock Life Group Study outline 2026

### July: Divine Rest – God is enough

#### Outlines for the month

Week 1: Rest beyond circumstances

Week 2: Rest beyond performance✓

Week 3: Rest through revelation

#### Instructions

During this study, we will be doing a 'deep dive' into a scriptural passage. It is strongly encouraged that you study the passage and entire chapter ahead of the study. Also be prepared with your research tools, for example Google or your study Bible, as you will need to reference it during the study. Spend time answering and discussing each question with the intention to gain sufficient understanding to help your own private Bible study as you further explore these topics.

#### Study chapters: Job 15-31

##### Pilot text

##### [Job 19:25-27](#)

*"For I know that my Redeemer lives,  
And He shall stand at last on the earth;  
And after my skin is destroyed, this I know,  
That in my flesh I shall see God,  
Whom I shall see for myself,  
And my eyes shall behold, and not another.  
How my heart yearns within me!"*

##### [Rom 3:21-24](#)

*21 But now the righteousness of God apart from the law is revealed, being witnessed by the Law and the Prophets, 22 even the righteousness of God, through faith in Jesus Christ, to all and on all who believe. For there is no difference; 23 for all have sinned and fall short of the glory of God, 24 being justified freely by His grace through the redemption that is in Christ Jesus,*

##### Introduction

As Job's suffering continues, his friends become increasingly convinced they know why. To them, the answer is simple: God rewards the righteous and punishes the wicked. Therefore, Job must have sinned. Their words are sincere but deeply misguided. They reduce God to a system of rewards and consequences, leaving no room for grace and mercy. Job knows he has not lived a perfect life, yet he also knows his suffering cannot simply be explained as divine punishment. As the conversation unfolds, another truth begins to emerge. Rest is not

found in proving ourselves right before God, but in trusting the God who alone perfects His work in us.

This week, expect God to challenge any hidden beliefs that have tied His love to your performance. As we encounter Christ through Job's longing for a Redeemer, may we discover the freedom that comes from resting not in what we have done for God, but in what God has done for us.

### Discussion questions

1. **Where do we see Christ in this story?** In the middle of his anguish, Job declares with remarkable confidence, *"I know that my Redeemer lives."* Although he could not yet see Christ, his hope rested in a living Redeemer who would ultimately vindicate him. Job's hope ultimately find its fulfilment in Christ, our Redeemer. See Rom 8:31-34, Heb 7:25
2. **Where do we see salvation foreshadowed?** Throughout these chapters, Job struggles to defend his integrity but gradually recognises that no one can stand righteous before God through their own merit. This prepares us for the gospel, where righteousness is received as a gift through faith rather than earned through performance. See Rom 5:1-2, 2 Cor 5:21, Phil 3:7-9
3. **Where do we see ourselves in this story?** Many people quietly carry the burden of trying to earn God's approval through doing more, praying more, serving more, or performing better. How does Job's journey invite us to rest instead in God's grace and Christ's finished work?

Closing thoughts: As the dialogue unfolds, the greatest conflict is no longer between Job and his suffering, but between two completely different views of God. Job's friends insist that blessing is earned and suffering is deserved. Their theology leaves little room for grace. If things are difficult, then someone must have failed.

Although their reasoning appears convincing, it ultimately collapses under the weight of the gospel. God's relationship with His people has never been based on flawless performance. Even Job, whom God Himself described as blameless and upright, could not stand before God on the basis of his own righteousness. In his deepest moments of despair, Job begins to look beyond himself and declares, *"I know that my Redeemer lives."* Without fully understanding it, he places his hope not in his own innocence but in a Redeemer who will stand on his behalf.

Here we see Christ shining through the pages of the Old Testament. Jesus is the Redeemer Job longed for, the righteous Advocate who stands before the Father on our behalf (Hebrews 7:25). Through His life, death, and resurrection, He accomplished what none of us could ever achieve. We are not accepted because we have performed well enough, but because Christ has made us righteous through faith (2 Corinthians 5:21).

Where are we in this story? Many believers unknowingly live with a performance mindset. We imagine God is pleased when we succeed and disappointed when we struggle. We measure His love by our spiritual achievements or our circumstances. Yet the gospel invites us into something far better. We are already loved, already accepted, already welcomed because of Jesus.

Divine rest begins when we stop striving to earn what Christ has already secured. We no longer obey in order to be accepted. We obey, having already been accepted. This is the freedom Job was reaching towards, and the freedom Christ now offers every believer.

***Here is an invitation for you:***

This week, take time to notice where your identity has become attached to your performance rather than God's grace.

Perhaps you have been trying to prove yourself through achievement, ministry, knowledge, or even spiritual discipline.

Bring those burdens to Jesus.

Hear His invitation once again:

*"Come to Me... and I will give you rest."*

Allow the Holy Spirit to replace striving with assurance, fear with confidence, and self-reliance with the joy of knowing that Christ is enough.

Because the deepest rest is not found in becoming good enough for God.

It is found in discovering that, through Christ, you already belong to Him.

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**Application questions (use scriptures to support your position):**

1. A worker in church has faithfully served for many years but begins to believe that recent family difficulties must mean God is disappointed with him. How does Job challenge this way of thinking, and how does the gospel redefine God's acceptance?
2. A university student constantly compares himself with other Christians who appear more disciplined, knowledgeable, and spiritually mature. He begins to feel he can never measure up. How do Job's longing for a Redeemer and Paul's teaching on righteousness by faith speak into this struggle?
3. A (believer) business executive builds her identity around success and achievement. When an unexpected redundancy occurs, she begins questioning both her worth and God's favour. How does this study encourage her to find identity in Christ rather than performance?