

House On The Rock Life Group Study outline 2026

July: Divine Rest – God is enough

Outlines for the month

Week 1: Rest beyond circumstances✓

Week 2: Rest beyond performance

Week 3: Rest through revelation

Instructions

During this study, we will be doing a 'deep dive' into a scriptural passage. It is strongly encouraged that you study the passage and entire chapter ahead of the study. Also be prepared with your research tools, for example Google or your study Bible, as you will need to reference it during the study. Spend time answering and discussing each question with the intention to gain sufficient understanding to help your own private Bible study as you further explore these topics.

Study chapters: Job 1-14

Pilot text

[Job 1:20-22](#)

"Then Job arose, tore his robe, and shaved his head; and he fell to the ground and worshipped. And he said:

'Naked I came from my mother's womb,

And naked shall I return there.

The Lord gave, and the Lord has taken away;

Blessed be the name of the Lord.'

In all this Job did not sin nor charge God with wrong."

[Matt 11:28-30](#)

28 Come to Me, all you who labor and are heavy laden, and I will give you rest. 29

Take My yoke upon you and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls. 30 For My yoke is easy and My burden is light."

Introduction:

"The greatest gift God gives us is not always an explanation, but a revelation of Himself. Every study this month is an invitation to move beyond asking, 'Why is this happening?' and towards discovering, 'Who is God revealing Himself to be?' As you read Job, expect not only to gain understanding, but to encounter the One in whom true rest is found."

What happens when the things we have built our lives upon are suddenly shaken? Job begins with unimaginable loss. In a matter of moments, wealth, security, family, health and certainty

disappear. Yet beneath the pain lies a far deeper story. God is not abandoning Job but inviting him into a deeper knowledge of Himself that could never be discovered through comfort alone. This is not a study about learning to enjoy suffering or pretending that pain does not hurt. It is a study about discovering that God's goodness is not determined by our circumstances. Even when life feels uncertain, His character remains constant. His grace is still sufficient. His purposes remain good.

As we begin this journey, expect God to meet you personally. Whether you are walking through disappointment, unanswered questions, unexpected change or simply longing for greater intimacy with Him, this study is an invitation to discover a deeper kind of rest. Not because every circumstance changes immediately, but because the One who walks with you never changes.

Discussion questions

1. **Where do we see Christ in this story?** Job repeatedly longs for someone who can stand between himself and God, someone who understands both heaven and earth (Job 9:32–35). How does this longing point forward to Jesus as our perfect Mediator? See 1 Tim 2:5-6, Heb 4:14-16, Heb 7:24-27
2. **Where do we see salvation foreshadowed?** Although Job cannot yet see the full picture, his confidence begins to move away from his own righteousness and towards God's mercy. How does this prepare us for the gospel, where salvation comes by grace rather than human effort? See Rom 3:21-26, Eph 2:8-10, Tit 3:4-7
3. **Where do we see ourselves in this story?** Life can sometimes change without warning. Circumstances beyond our control can shake our confidence, our plans and even our understanding of God. What practical lessons does Job teach us about anchoring our lives in God's unchanging character rather than changing circumstances?

Closing thoughts:

Job's story begins with loss, but it is ultimately a story about what remains when everything else is stripped away. Before the book ever explores suffering, it reveals something deeper. God's character is not dependent upon our circumstances. His goodness is not measured by our comfort. His faithfulness does not rise and fall with life's successes or disappointments.

This prepares us beautifully for Christ. Like Job, Jesus experienced rejection, suffering and apparent loss. Yet unlike Job, Jesus was perfectly righteous. He entered suffering not because He deserved it, but because we did. Through His death and resurrection, He became the Mediator Job longed for, reconciling us to the Father and securing the rest that our own efforts could never achieve (Hebrews 4:14–16).

The gospel reminds us that salvation is never built upon our circumstances or our performance. It rests entirely upon God's grace. Even when life feels uncertain, our standing

before God remains secure because it is founded on Christ alone. This is the beginning of divine rest.

Where are we in this story? Many people quietly carry burdens of disappointment, unanswered prayer, financial pressure, illness, broken relationships or uncertain futures. These circumstances can tempt us to question God's goodness or measure His love by what we can currently see. Job gently redirects our attention. Before our circumstances change, God invites us to know Him more deeply.

Perhaps the greatest miracle in this chapter is not that Job continued speaking. It is that he continued turning towards God. His questions were real, his grief honest; yet he refused to let suffering define God's character.

True rest begins here. Not in having every answer, but in trusting the One who holds every answer.

Here is an invitation for you:

This week, resist the temptation to seek explanations before seeking God Himself.

Bring Him your questions. Bring Him your disappointments. Bring Him your fears.

As you do, ask the Holy Spirit to reveal Christ more clearly than ever before.

You may not yet understand every circumstance, but you can know with confidence the One who walks with you through every circumstance.

And as you discover Him afresh, you may find that the greatest answer God gives is not an explanation, but His presence.

Because when everything else is shaken, one truth remains:

God is enough.

Application questions (use scriptures to support your position):

1. A (believer) business owner experiences an unexpected financial setback after years of faithful stewardship. His friends begin suggesting that God must be trying to teach him a lesson or expose hidden sin. How does Job challenge this conclusion, and what does the gospel reveal about God's character?
2. A family is walking through a prolonged season of challenges and unanswered prayer. They are finding it increasingly difficult to reconcile their circumstances with God's goodness. How might this study help them distinguish God's unchanging character from their changing situation?
3. A young Christian professional has built her identity around career success, only to lose her job unexpectedly. How could Job's response encourage her?