

House On The Rock Life Group Study outline 2025

August: Special edition – Exceedingly, Abundantly, Above

Outlines for the month

Week 1: The power at work in us ✓

Week 2: Asking according to God's will

Week 3: Exceedingly, abundantly, above

Instructions

During this study, we will be doing a 'deep dive' into a scriptural passage. It is strongly encouraged that you study the passage and entire chapter ahead of the study. Also be prepared with your research tools, for example Google or your study Bible, as you will need to reference it during the study. Spend time answering and discussing each question with the intention to gain sufficient understanding to help your own private Bible study as you further explore these topics.

Study chapters: Ephesians 1-3

Guidance for your **personal** study of the scriptural readings for this week:

- Explore Paul's prayer for the Ephesian church: what does he want them to know, and why?
- What is the "exceeding greatness of His power" toward us who believe?
- How is this power described in relation to Christ's resurrection and exaltation?

Pilot text

[Eph 1:15-21](#)

15 Therefore I also, after I heard of your faith in the Lord Jesus and your love for all the saints, 16 do not cease to give thanks for you, making mention of you in my prayers: 17 that the God of our Lord Jesus Christ, the Father of glory, may give to you the spirit of wisdom and revelation in the knowledge of Him, 18 the eyes of your understanding being enlightened; that you may know what is the hope of His calling, what are the riches of the glory of His inheritance in the saints, 19 and what is the exceeding greatness of His power toward us who believe, according to the working of His mighty power 20 which He worked in Christ when He raised Him from the dead and seated Him at His right hand in the heavenly places, 21 far above all principality and power and might and dominion, and every name that is named, not only in this age but also in that which is to come.

Discussion questions

Use Strong's Concordance or similar tools to study the Greek word for "power" (dynamis) in verse 19.

1. Where else (1 or 2 examples only) is this word used in the New Testament, and what does it reveal about God's power?
2. How does this power relate to our identity in Christ (see Ephesians 2:4–7)?
3. What does it mean for this power to be "at work in us"?
4. How does this change our perspective on personal limitations, spiritual growth, and purpose?

Closing thoughts: God's power is not distant or abstract. Instead, it is active, present, and available. But power alone does not change lives. What makes the difference is our posture: the way we position ourselves spiritually, the openness of our hearts, and our willingness to respond.

It is entirely possible to believe in God's power and still live cautiously or small. When we are passive, we end up watching from the sidelines instead of stepping into what He is doing. But when our hearts say, "speak, Lord, I'm listening", we move from acknowledgment to engagement. That kind of posture is not just about reverence; it is about being responsive. It is the shift from standing back to leaning in.

God's power is not just about rescue but about purpose. It equips us not only to get through challenges, but to grow through them. It shapes us, stretches us, and sends us on a mission. And when we respond with humility and boldness, we begin to live beyond our limitations and into the possibilities that God has prepared for us.

So as we look ahead to the coming weeks, let this be our starting point: God is able. But more than that, He is willing, present, and intentional. The real question is not just what He can do, but how we will respond. Will we posture ourselves with trust, expectation, and a readiness to move when He speaks? That's where transformation begins.

Application questions (use scriptures to support your position):

1. "Some people are naturally more spiritually powerful than others." Agree/disagree with reasons.
2. A friend tells you they feel spiritually weak and ineffective. How would you encourage them using this passage?