

House On The Rock Life Group Study outline 2025

July: Divine reset – David's season

Outlines for the month

Week 1: Renewal – embracing the reset

Week 2: Revival – making the right choices

Week 3: Restoration – walking in redemption✓

Instructions

During this study, we will be doing a 'deep dive' into a scriptural passage. It is strongly encouraged that you study the passage and entire chapter ahead of the study. Also be prepared with your research tools, for example Google or your study Bible, as you will need to reference it during the study. Spend time answering and discussing each question with the intention to gain sufficient understanding to help your own private Bible study as you further explore these topics.

Study chapters: 2 Samuel 20–24

Pilot text

2 Sam 22:2-7 2 And he said: "The Lord is my rock and my fortress and my deliverer;

3 The God of my strength, in whom I will trust; My shield and the horn of my salvation, my stronghold and my refuge; my Savior, You save me from violence.

4 I will call upon the Lord, who is worthy to be praised; so shall I be saved from my enemies.

5 "When the waves of death surrounded me, the floods of ungodliness made me afraid.

6 The sorrows of Sheol surrounded me; the snares of death confronted me.

7 In my distress I called upon the Lord, and cried out to my God; He heard my voice from His temple, and my cry entered His ears."

Key things to consider as you discuss this week's outline:

1. Restoration is the fruit of redemption. It is not just about recovering what was lost, but being made whole again.
2. David's final psalms in 2 Samuel 22–23 reflect a man who has walked through failure, revival, and now stands in awe of God's faithfulness.
3. Redemption is not the erasure of the past, but the transformation of it into testimony.
4. Restoration is not passive - it is a walk, a journey of trust, obedience, and worship.

Discussion questions

1. How does David describe God in his song of deliverance (2 Sam 22)? What does this reveal about his understanding of restoration?
2. What do we learn about David's heart and legacy in his final words (2 Sam 23:1–5)?
3. How does David respond to the consequences of his actions in chapter 24? What does this teach us about humility and intercession?
4. What does it mean to “walk in redemption” rather than just receive it?

Closing thoughts: David's life ends not with a perfect record, but with a perfect posture—worship, humility, and trust in the God who redeems. Restoration is not about returning to what was, but becoming who we were always meant to be in God's plan. In 2 Sam 24, David takes responsibility for his actions and intercedes for the people. This is the mark of a restored heart—one that no longer seeks its own glory, but God's mercy for others.

Redemption is the divine reset in full bloom. It is the grace that rewrites our story, the mercy that transforms our scars into songs, and the love that restores our identity and purpose.

Joel 2:25: “So I will restore to you the years that the swarming locust has eaten, the crawling locust, the consuming locust, and the chewing locust, my great army which I sent among you. 26 You shall eat in plenty and be satisfied, and praise the name of the Lord your God, Who has dealt wondrously with you; and My people shall never be put to shame.”

Psalm 51:12: “Restore to me the joy of Your salvation, and uphold me by Your generous Spirit.”

Application questions (use scriptures to support your position):

1. “Redemption doesn't erase the past, but it transforms it.” What does this mean in practical terms?
2. A friend says, “I've accepted God's forgiveness, but I still feel disqualified.” How would you walk with them through the process of restoration?