



21 Day PUSH Prayer Bulletin 2025

WEEK ONE – BIRTHING A NEW SEASON

“Then I proclaimed a fast there, at the river of Ahava, that we might afflict ourselves before our God, to seek of him a right way for us, and for our little ones, and for all our substance... So, we fasted and besought our God for this: and he was intreated of us”

Ezra 8:21, 23

DAY 1

FOR FRESH OIL IN PRAYR AND SUPPLICATION

Likewise the Spirit also helps in our weaknesses. For we do not know what we should pray for as we ought, but the Spirit Himself makes intercession for us with groanings which cannot be uttered. Romans 8:26

1. Pray that the Lord will ignite in us a fresh fire for prayer, stirring a deep hunger to seek His face (**Psalm 69:9**). Ask that the Holy Spirit will remove every form of lukewarmness and spiritual laziness. Pray that we will prioritise the place of prayer above all else, longing for God's presence more than anything.
2. Ask the Lord to give us the discipline and commitment to maintain a strong prayer life, just as Daniel prayed consistently despite opposition (**Daniel 6:10-12**). Pray that we will develop the habit of seeking God daily, making prayer a priority and not an afterthought. Ask for the grace to be persistent in prayer, never giving up but pressing in until we see results (**Luke 18:1**).
3. Pray that the Holy Spirit will teach us to pray effectively, just as Jesus taught His disciples in **Matthew 6:9-13**. Ask for wisdom and understanding, so that we do not pray amiss (**James 4:3**). Pray for sensitivity to the leading of the Spirit in prayer, that we may pray in alignment with God's will. Pray that our words will not be empty repetitions but will be filled with power and revelation.
4. Ask the Lord to give us a burden to intercede for others, standing in the gap for families, the church, and the nation (**Ezekiel 22:30**). Pray that we will not focus only on our personal needs but will pray for revival, justice, and transformation in our families, communities, and nation. We will be moved by compassion to pray for the needs of others and intercede against oppression, wickedness, and ungodliness, asking for righteousness to prevail.
5. Pray for unshakable faith that believes God for the miraculous, just as Elijah prayed and the heavens responded (**James 5:17**). Ask for boldness to trust in God's power, declaring that nothing is impossible with Him. Pray that our faith will not be weakened by delays but will grow stronger through persistence in prayer.

6. Pray for a fresh release of power in the place of prayer, that our prayers will be fervent and life-changing (**James 5:16**). Just as Jesus prayed earnestly until His sweat became like drops of blood (**Luke 22:44**), ask for grace to travail in prayer.
7. Ask for grace to overcome distractions that pull us away from prayer. Pray that we will not be consumed by the cares of life but will separate ourselves to seek God, just as Hannah withdrew to pray (**1 Samuel 1:9-28**). Ask for a focused and undistracted heart, fully committed to a life of prayer.

Support scriptures: Psalm 92:10, Zechariah 4:6, James 5:16, Ephesians 6:18, Isaiah 40:31, Leviticus 6:13, Acts 4:31, Psalm 141:2, Colossians 4:2, 1 Kings 18:36-38, Mark 1:35, 2 Chronicles 7:1

DAY 2

FOR THE MANIFESTATION OF THE SONS OF GOD (SPIRITUAL GROWTH)

For the earnest expectation of the creation eagerly waits for the revealing of the sons of God. Romans 8:19

1. Pray that we will no longer remain as spiritual children but will grow and mature to take our rightful place as sons of God (**Galatians 4:1-2**). Ask that we will subject ourselves to discipline, training and divine tutelage so that we can handle the responsibilities of sonship. Pray that we will not be passive in our walk with God but will actively seek to grow in wisdom, knowledge and spiritual understanding. Declare that we will walk in the fullness of our inheritance in Christ, not living as slaves to sin and ignorance but as sons with divine authority.
2. Pray that we will rise and take our positions as sons in the earth, manifesting God's power and glory to a lost world (**Romans 8:19-23**). Ask the Lord to make us beacons of light to our generation, carrying the hope, life and redemption that creation longs for. Pray that we will not live beneath our calling but will walk in our divine mandate as ambassadors of God's kingdom. Ask that we will operate in boldness, love, and righteousness, bringing transformation to our families, communities and nations.
3. Pray that we will develop a deep hunger for God's Word, desiring it more than anything else (**Job 23:12**). Ask the Holy Spirit to give us insight and revelation that will establish us in truth (**Ephesians 1:17-18**). Pray against spiritual ignorance and deception, declaring that we will walk in divine wisdom and understanding. Ask that as we grow in the Word, we will become firmly rooted in Christ, bearing fruits that glorify God (**Colossians 2:6-7**).

4. Pray that we will walk in the full authority and dominion that God has given us, refusing to live in fear or powerlessness (**Luke 10:19**). Ask the Lord to awaken us to our identity in Christ, that we may resist every force of evil, oppression, and wickedness in our land. Declare that we will be spiritual gatekeepers, enforcing God's will on earth and pushing back the works of darkness. Pray that we will exercise our authority in prayer, intercession, and righteous living, establishing God's kingdom in our homes, churches and society.
5. Ask the Lord to cleanse us and set us apart as vessels of honour, fit for His use (**2 Timothy 2:21**). Pray against compromise, worldliness and every distraction that weakens our spiritual growth. Ask for grace to live in holiness and purity, walking in obedience to God's commands (**1 Peter 1:15-16**). Pray that our lives will reflect the character of Christ, being living testimonies of His power and presence on earth.
6. Pray for a fresh outpouring of the Spirit upon us, that we may walk in greater power and effectiveness (**Acts 1:8**). Ask the Lord to stir up spiritual gifts within us, activating us for ministry and kingdom impact. Pray that we will not remain stagnant but will press into deeper realms of the Spirit, doing the works of Christ and even greater (**John 14:12**). Ask that our lives will be marked by supernatural exploits, bringing glory to God in all we do.

Support scriptures: 1 John 3:2, Ephesians 4:13, Galatians 4:6-7, Philippians 3:12-14, Hebrews 12:5-6, 2 Corinthians 3:18, Colossians 1:27, 1 Peter 2:2, Matthew 5:48

DAY 3

FOR OPENING OF GATES AND DOORS

Revelations 4:1 – “After this I looked, and, behold, a door was opened in heaven: and the first voice which I heard was as it were of a trumpet talking with me; which said, Come up hither, and I will shew thee things which must be hereafter”.

1. Let us pray that no obstacle, no opposition or circumstance can close the doors God has opened for us. That when we feel weak, declare that His strength sustains us. Pray that we reject fear, doubt and discouragement, for Christ is our guide and provider, hence every opportunity, breakthrough and blessing He has ordained for us will come to pass in perfect timing.
2. Decree that the Lord has given us the key of David, granting us divine access to doors of favour, breakthrough and destiny. That every door that God has opened for us shall remain open and no force, spiritual or physical will be able to

shut it. Declare that every door that is not in alignment with God's will for our lives is shut and no one can re-open it.

"I will give him the key to the house of David—the highest position in the royal court. When he opens doors, no one will be able to close them; when he closes doors, no one will be able to open them" **Isaiah 22:22** (NLT)

3. Let us pray that as we ask in faith, we receive every good thing that aligns with God's will for our lives, that as we seek His presence, wisdom and direction, we will find divine guidance and purpose. Pray that as we knock on doors of opportunities, breakthroughs and favour; they will be opened for us in Jesus' mighty name.

"Keep on asking, and you will receive what you ask for. Keep on seeking, and you will find. Keep on knocking, and the door will be opened to you. For everyone who asks, receives. Everyone who seeks, finds. And to everyone who knocks, the door will be opened" **Matthew 7:7-8** (NLT)

4. Let's declare that every door of our salvation will not be prematurely shut. Pray that our doors remain open – doors of breakthrough, deep insight, favour, divine health and wellbeing, alignment with our destiny helpers and fulfilment of all that we are created for in Jesus' mighty name.

"Then as I looked, I saw a door standing open in heaven, and the same voice I had heard before spoke to me like a trumpet blast. The voice said, "Come up here, and I will show you what must happen after this" **Revelation 4:1**

Supporting Scriptures - Revelation 4:1; Revelation 3:8; 1Corinthians 16:9; Isaiah 22:22; John 10:9

DAY 4

FOR DIVINE HEALING AND HEALTH

"And the prayer of faith shall save the sick" James 5:15

1. Lord, you said that whatever we bind (forbid/prohibit) on earth will be bound (forbidden/prohibited) in heaven and whatever we loose (allow/permit) on earth will be loosed (allowed/permitted) in heaven. We hereby bind (forbid/prohibit) all sickness and disease that is attacking our body, and we command them to flee in the name of Jesus Christ. Declare that divine health is released upon us.

"I tell you the truth, whatever you forbid on earth will be forbidden in heaven, and whatever you permit on earth will be permitted in heaven" **Matthew 18:18**

2. Let's declare that sickness and disease has no power over us because we are vessels of God's healing power, and we walk in health and vitality. Pray that we release any fear or doubt about our healing, and trust in Christ's divine plan for our lives by His power and might.

"Behold, I give you the authority to trample on serpents and scorpions, and over all the power of the enemy, and nothing shall by any means hurt you." **Luke 10:19**

3. Declare that because we trust in Christ's promises and unwavering love, and that we believe that He is the source of all healing and wholeness. We declare that by His stripes, we were healed and restored to divine health. Pray that we are healed physically, emotionally, mentally and spiritually.

Beloved, I pray that you may prosper in all things and be in health, just as your soul prospers." **3 John 1:2**

4. Decree the Lord's supernatural strength covers our bodies and minds. That every cell in our body function according to His divine blueprint. Declare that we rebuke fatigue, weariness and discouragement as we embrace divine energy, endurance, and renewal. The joy of the Lord is our strength and we walk daily in His refreshing presence.

"Then he said to them, 'Go your way, eat the fat, and drink the sweet, and send portions to those for whom nothing is prepared; for this day is holy to our Lord. Do not sorrow, for the joy of the Lord is your strength" **Nehemiah 8:10**

Supporting Scriptures – Isa 53:5; Exodus 15:26; Peter 2:24; Psalm 107:20; Jeremiah 1:14; James 5:14-15

DAY 5

MIRACLES SIGNS AND WONDERS

***"And these signs will follow those who believe: In My name they will cast out demons; they will speak with new tongues; they will take up serpents; and if they drink anything deadly, it will by no means hurt them; they will lay hands on the sick, and they will recover."* – Mark 16:17-18**

1. Thank God that indeed it is our year of greater things. Thank the Lord for the accompanying power that has been released to bring the prophetic word for 2025 to pass in our lives and in the church.
2. Declare that as the word has been released over the house, it will not return to God empty but it will find expression and bring forth fruit in the church and in every member. Thank the Lord that indeed it is a year where miracles, signs and wonders become commonplace in our church.
3. Pray for the release of a strong spirit of faith to believe for the impossible. Pray that as the word is being preached, our faith will be stirred up and increase mightily. Declare that because we believe and expect the impossible, we begin to see notable signs and wonders released over the house that cannot be gainsaid.
4. Pray and declare that as a church we enter into a season and dispensation of the strange acts of God in our midst. Ask that the Lord will perform His act, His strange acts in our church and in the lives of every member of the London Lighthouse. Declare that as these signs and wonders are manifested in our midst, all hearts are drawn to the Lord, to acknowledge that He alone is God.
5. Declare that we begins to have multiplied testimonies of miraculous healings, deliverances, liberty, release from captivity, restoration, favour, open doors. Decree that because the word has gone forth, longstanding situations even begins to align with the word of the Lord.
6. Pray for extraordinary miracles of healing in the London Lighthouse; that we will see sicknesses and diseases of all kinds, especially those that has baffled medical professional begin to leave the bodies of people. That those tormented by the spirit of infirmity will be set free from that bondage by the power of the Lord at work in our midst.

Thank God for answered prayers.

Support Scriptures: John 14:12, Isaiah 55:10-11, Mark 11:23-24, Acts 4:16, Psalm 136:4, Acts 6:8, Isaiah 28:21, Acts 5:15-16, Acts 19:11-12

DAY 6
FOR HARVESTS OF SOULS

"Then saith he unto his disciples, The harvest truly is plenteous, but the labourers are few; Pray ye therefore the Lord of the harvest, that he will send forth labourers into his harvest - Matthew 9:37-39

1. Let's thank God for His tender love for all mankind. Say thank You to Him because His desire is that all be saved and come into His kingdom and that not even one perish at all. Thank Him for the gift of the sacrifice of Jesus on cross that made a way for all to come to the saving knowledge of our God. Thank Him for bringing us into the ministry of bringing lost souls back to Him.
2. Pray for a baptism of hunger for lost souls. Pray that we will be overcome with an urgency and strong desire to do the work of an evangelist, ministering wherever and to whoever the Lord leads us to in this ministry of bringing the world back to himself.
3. Pray that as the Lord has declared that the harvest is plentiful, our eyes are open to see all those in need of salvation all around us, in Islington and in our local areas of abode.
4. Ask that Lord raises us up and equip us as effective labourers in this work of harvesting lost souls back to the Lord and into the kingdom. Pray for a baptism of the spirit of love and compassion for and for a spirit that is ready to share the good news as the Lord leads these lost treasures our way.
5. Pray that as a church, we begin to operate in greater dimensions of the gifts of the spirit as we go about our daily routine. Declare that our ears and hearts are open and responsive to the prompting of the Holy Spirit as it concerns those yet to come into the fold. Pray for an increase in the gifts of the word of knowledge and word of wisdom as we share the message of Christ.

6. Pray that as we go about harvesting these lost treasures into the kingdom, that there will be daily additions to the London Lighthouse and that we increase in number.

Thank God for answered prayers.

Support Scriptures: Matthew 9:37-38, 1 Corinthians 3:9a, 2 Corinthians 5:18-20, Acts 2:47,

DAY 7

FOR REVIVAL ACROSS THE UNITED KINGDOM

Psalm 100:4: "Enter His gates with thanksgiving and His courts with praise; give thanks to Him and praise His name."

1. With a heart of thanksgiving! Thank God for the spiritual seeds sown across the UK over the years. Praise Him for faithful believers, churches, and ministries that have kept the flame burning. Thank Him because the UK is not forgotten, and revival is near
2. Pray for a mighty outpouring of the Holy Ghost across every region of the UK—from villages to cities, from schools to parliaments! Declare that this is the hour for a fresh wind of Pentecost to blow again.
3. Decree that every veil and blindness placed over the minds of people in the UK be torn down! Bind the spirit of confusion, apathy, and rebellion. Command the light of the Gospel to shine powerfully across the land!
4. Pray for more spirit filled evangelists, teachers, minister, pastors and people to rise up across the UK. Pray for bold believers to arise in all parts of this nation and ask for divine alignment and mobilization of God's people.

5. Decree and declare that the wind of revival will touch national leaders, policymakers, media houses, and the education system. Ask that righteousness will begin to exalt this nation once again. Proclaim that light will invade every area of influence.

6. Rejoice and thank God for answered prayers! Celebrate the awakening that is breaking forth across the UK. Thank Him because revival has begun, and souls are being saved, churches are being ignited, and the nation is being transformed!

***Supporting Scriptures: Joel 2:28; 2 Corinthians 4:4; Matthew 9:38; Isaiah 60:1-1
Thessalonians 5:24***