

## House On The Rock Life Group Study outline

### May: Redeeming the Time

#### *Week 1 - Understanding the Times and Seasons*

##### Introduction

We are in a time of change. Our normal routines have been disrupted, our plans put on hold, and we may feel uncertain about what awaits us afterwards. It is like being up at night, waiting for the break of dawn. The longer the night goes on, the more we wonder when the morning will come, and what it will be like. One thing however is certain – the morning **will** come, and bring with it new possibilities and realities. Likewise, after this season of lockdown, we will emerge to a morning experience. The question is, what are you doing now to ensure that you are prepared when the morning comes? How are you redeeming the time?

##### Pilot text

***1 Chr 12:23,32 [23]Now these were the numbers of the divisions that were equipped for war, and came to David at Hebron to turn over the kingdom of Saul to him, according to the word of the Lord: [32] of the sons of Issachar who had understanding of the times, to know what Israel ought to do, their chiefs were two hundred; and all their brethren were at their command.***

***Eph 5:15-17 See then that you walk circumspectly, not as fools but as wise, redeeming the time, because the days are evil. Therefore do not be unwise, but understand what the will of the Lord is.***

- How do we define time?
  - To prepare, listen to the crossover message prior to the Life Group meeting, with particular focus on the differences between Chronos and Kairos time. You can find the message here. <https://soundcloud.com/hotrlondon/prophetic-word-for-2020-pastor-temi-odejide-tue-31-dec-2019>
- How do we measure our times and seasons?
  - Gen 1:1, Luke 22:18, 1 Cor 11:24-26, 1 Cor 15:32b.
- Why do we need to understand the times and seasons?
  - 1 Chr 12:23, 32; Dan 9:1-2, Psa 102:13, 1 Sam 10:7, Eph 5:15-17, Eccl 9:11.
- Take home actions
  - What are you measuring your times by? Consider whether this is having a positive or negative effect in your life, and whether you need to reset the focus of your life clock.