

House On The Rock Life Group Study outline

March: Growing to thrive

Week 2: The discipline of growth

Introduction

We see growth happening all around us everyday. Whether we're looking at animals or plants, some aspects of growth are a mystery to us, even if the overall expression itself is quite predictable. It can be a mystery because most of us don't know exactly how a living thing starts from a seed and matures into its adult form. We are not able to describe all the biological and chemical changes that take place when a person grows from an infant into an adult. We may not even be able to give precise timings of when these things occur. However, if you've ever tried to grow anything, you will also realise that growth is very predictable. You can confidently say what would happen if, for example, you didn't water your potted plant for 3 months. In fact, the aspects of growth that are most mysterious to us are perhaps also the least important for kickstarting and sustaining the process.

Pilot text

[Mk 4:26-28\[AMP\]](#) 26 Then He said, "The kingdom of God is like a man who throws seed on the ground; 27 and he goes to bed at night and gets up every day, and [in the meantime] the seed sprouts and grows; how [it does this], he does not know. 28 The earth produces crops by itself; first the blade, then the head [of grain], then the mature grain in the head. 29 But when the crop ripens, he immediately puts in the sickle [to reap], because [the time for] the harvest has come."

- Exploring the discipline of growth
 - [Eccl 11:4-6](#), [Gen 1 v5, 8, 13, 19, 31](#); [James 5:7](#)
- Take home actions
 - Consider specific areas in your life where you need to exercise the discipline of growth, and commit to action