

House On The Rock Life Group Study outline

March: Growing to thrive

Week 1 – Understanding growth

Introduction

Growth is a basic principle of life. We expect growth to occur among living things – in fact, we often take it for granted. We recognise that growth happens because we see an increase in size, in volume or quality. We don't need a specialist degree to do so because it's all in the evidence. Growth is never hidden; if it's not detectable in some form or another, then it's not happening. But we also understand that there are certain things that must be done for growth to take place. In today's study, we will set the foundation for the series by reminding ourselves of key requirements for growth, the order in which growth occurs, and what this means for us as individuals.

Pilot text

Mk 4:26-28[AMP] 26 Then He said, "The kingdom of God is like a man who throws seed on the ground; 27 and he goes to bed at night and gets up every day, and [in the meantime] the seed sprouts and grows; how [it does this], he does not know. 28 The earth produces crops by itself; first the blade, then the head [of grain], then the mature grain in the head. 29 But when the crop ripens, he immediately puts in the sickle [to reap], because [the time for] the harvest has come."

- Thinking of the pilot text, what are some of the requirements for growth to occur?
- What is the order of growth, according the pilot text?
- What does this mean to you – how does it apply to your life as an individual?
- What else do you see in the pilot text that we haven't discussed today?
- Take home actions
 - Considering what we have discussed today, take time this week to take an audit of your own growth stage and order. Are you getting frustrated because of the imperfections you are seeing as a part of your growth?