

House On The Rock Life Group Study outline 2021

November: Spiritual warfare

Week 2 – The mind as a battlefield

Introduction

Our minds are powerful. Minds can imagine great and wonderful things. But minds can also conjure up the most twisted and vile ideas. It doesn't take a genius to know that controlling minds means controlling lives. And so, ideologies that have fundamentally changed societal norms and values were not developed in the corridors of power but in halls of learning – in classrooms and lecture theatres. In these places, battles are being fought every day, and have been for decades and centuries. These battles are between age-old ideas and “progressive” ones; between things long held to be true and others once considered taboo. How did Adam and Eve go from “that fruit must not be eaten” to “that fruit is good”? How did something that must not be eaten or touched become *pleasing* to the eyes, *good* for food and *desirable* for obtaining wisdom? Something happened in their minds, a battle was fought and lost. The mind is the most important battleground; and anyone that controls it has won the battle.

Pilot text

2 Cor 10:4-5 For the weapons of our warfare are not carnal but mighty in God for pulling down strongholds, 5 casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ

Rom 12:2 And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God

Prov 4:23 [GNT] Be careful how you think; your life is shaped by your thoughts

- What resonates with you in the introduction – what is your experience of the mind as a battlefield?
- What can we learn from our pilot scriptures about how to fight the battle for our minds?
- What are some practical tips to help us fight for our minds?
- Take home actions
 - Take your list from last week and update it to note the places where you need to fight more intensely for your mind. What prayer points do you need to change?