

House On The Rock Life Group Study outline

August: Growth against all odds

Week 3: Sustaining our growth through discipleship

Introduction

Trees grow throughout their lives – in fact they are some of the only living things that do so. Most other living things, including us, grow while they are young and stop growing when mature. Trees, on the other hand, grow faster as they get older! This growth manifests in different ways, so a tree may not grow taller, but instead wider as it gets older. No wonder the bible uses trees in much of its analogy about growth; because we do not stop growing spiritually when we are mature. In fact, just like a tree, we should grow faster and in different ways as we mature. Having said this, some trees live for less than 10 years, while others live for thousands of years. Obviously, for trees, this has to do with their biology, not anything they did right or wrong. But for us as spiritual trees, the equivalent situation is that we grow for only a short period of time and then stay at that level, instead of growing consistently throughout our walk with God. Today we will explore how we can sustain our growth through discipleship.

Pilot text

[Isa 50:4-5 AMP](#) The Lord GOD has given Me [His Servant] the tongue of disciples [as One who is taught], that I may know how to sustain the weary with a word. He awakens Me morning by morning, He awakens My ear to listen as a disciple [as One who is taught]. 5 The Lord GOD has opened My ear, and I have not been rebellious nor have I turned back.

- What is discipleship? [Open discussion]
- Thinking of the pilot scripture, what are some attributes of a disciple?
- How to become a disciple
 - [Jn 10:27](#), [2 Tim 2:15](#), [Acts 17:11-12](#), [Jn 9:27](#), [Jn 8:31](#)
- Thinking about the entire growth study series, what are some key take home points for you?
- Take home actions
 - Thinking back to the pilot text, who was this pilot text referring to? What can you learn from the life of this disciple?

Note:

Please send any questions you have about this study directly to your Life Group coordinator, or submit online using the feedback form at <http://bit.ly/lifeclubfb>.